

NOVEMBER 2020


HOLY FAMILY LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT CHOICES ARE AVAILABLE EVERYDAY, AS WELL AS THE FOLLOWING MILK OPTIONS:

SKIM WHITE, 1% WHITE OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Patty on a Bun Sweet Potato Fries Sweet Corn Apple Slices	3 2 Soft Beef Taco w/cheese & lettuce Salsa Baked Beans Orange	4 Chicken & Waffles Tator Tots Applesauce Cup	5 Meatballs w/Brown Gravy Egg Noodles Carrots w/dip Strawberry Cup	6 Homemade Pizza Cheese OR Garlic Tossed Salad Peaches
9 Chicken Nuggets Mac & Cheese Carrot Coins Apple Slices	10 "New" Cheeseburger Meatloaf Mashed Potatoes & Gravy Sweet Corn Banana	11 VETERANS DAY NO SCHOOL	12 Bacon Burger on a Bun Onion Rings BBQ Beans Strawberry Cup	13 Lunch Around Pizza Cheese OR Pepperoni Broccoli w/dip Peaches
16 Chicken Smackers Crinkle Fries Green Beans Apple Slices	17 2 Soft Beef Taco w/cheese, lettuce & salsa Mexicali Rice Sweet Corn Strawberry Cup	18 Mini Pancakes 5 Sausage Bites Tator Tots Applesauce Cup	"Baked Chicken Dinner" 19 Roasted Chicken Mashed Potatoes & Gravy Stuffing Sweet Corn Apple Crisp	20 Homemade Pizza Cheese OR Pepperoni Tossed Salad Peaches
23 11:00 AM DISMISSAL PARENT TEACHER CONFERENCE	24 11:00 AM DISMISSAL PARENT TEACHER CONFERENCE	25 Thanksgiving Recess	26 	27 Thanksgiving Recess
30 Toasted Cheese Sandwich Sweet Potato Fries Green Beans Apple Slices		DAILY ALTERNATE CHOICE: Cheese OR Turkey Sandwich OR Yogurt Meal (yogurt, cheese stix, animal crackers, fruit & milk) Tuna Available FRIDAYS!		



**WE USE AS MUCH
LOCAL FRUITS & VEGETABLES
AS POSSIBLE!**



ALL MENUED SALADS ARE SERVED WITH ITALIAN DRESSING.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.

WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PRODUCTS!

Nutritional facts are now available on the website using the "NEW" NUTRISLICE link.