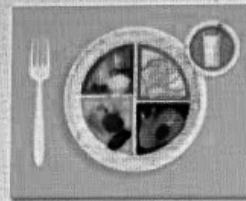


MAY 2021

HOLY FAMILY LUNCH MENU



STUDENTS **MUST HAVE AT LEAST 3 MENU ITEMS** ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT CHOICES ARE AVAILABLE EVERYDAY, AS WELL AS THE FOLLOWING MILK OPTIONS:

SKIM WHITE, 1% WHITE OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Chicken Smackers
Crinkle Cut Fries
Steamed Asparagus
Fresh Pear

4

Meatballs w/Pasta
Texas Toast
Cheesy Steamed Broccoli
Fresh Banana

5

French Toast Sticks
Turkey Sausage Patty
Tator Tots
Warm Cinnamon Applesauce

6

Chicken Parm Sandwich
AuGratin Potatoes
Carrot Coins
Fresh Apple

7

Homemade Pizza
Cheese OR Pepperoni
Romaine Salad w/chickpeas
Peaches

10

Chicken Nuggets
Mac & Cheese
Sweet Peas
Fresh Apple

11

Quesedilla Burger
Crinkle Cut Fries
Baked Beans
Kiwi Strawberry Ice Juice Cup

12

Mini Pancakes w/syrup
Turkey Sausage Patty
Tator Tots
Warm Cinnamon Applesauce

13

Philly Cheesesteak Sandwich
Sweet Potato Fries
Baked Beans
Fresh Pear

14

Homemade Pizza
Cheese OR Buffalo Chicken
Romaine Salad w/ cukes
Strawberries & Bananas

17

Toasted Cheese Sandwich
Campbells Chicken Noodle Soup
Fresh Carrots & Hummus
Warm Cinnamon Applesauce
Pepperidge Farm Goldfish Pretzels

18

Soft Chicken Taco
w/cheese,lettuce & salsa
Mexicali Rice
Sweet Corn
Fresh Clementine

19

French Toast Sticks
Turkey Sausage Patty
Tator Tots
Warm Cinnamon Applesauce

20

Cowboy Burger on a Bun
with OR without cheese
Onion Rings
Green Beans
Fresh Orange

21

"Big Daddy's" Pizza Slice
Broccoli Florets w/Ranch Dressing
Strawberries & Bananas

24

Chicken Patty on a Bun
Sweet Potato Fries
Carrot Coins
Fresh Apple

25

Soft Beef Taco
w/cheese,lettuce & salsa
Mexicali Rice
Sweet Corn
Fresh Clementine

26

Mini Pancakes w/syrup
Turkey Sausage Patty
Tator Tots
Warm Cinnamon Applesauce

27

Meatball Hoagie
Crinkle Fries
Cheesy Steamed Broccoli
Raspberry Lemon Ice Juice Cup

28

**GIVE BACK SNOW DAY
NO SCHOOL**

31

**MEMORIAL DAY
NO SCHOOL**

DAILY ALTERNATE CHOICE:
Cheese, Turkey, Tuna Sandwich
OR
Yogurt Meal
(yogurt, cheese sticks, animal crackers, fruit & milk)
Deli Lunchables



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Nutritional Facts are now available on the website using the "NEW" NUTRISLICE link.

WE USE AS MUCH LOCAL FRUITS & VEGETABLES AS POSSIBLE!

WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PROD

ALL MENUED SALADS ARE SERVED WITH ITALIAN DRESSING