

MONDAY

1

- Crispy Chicken Nuggets
- Mashed Potatoes
- Chicken Gravy
- Crunchy Baby Carrots
- Fresh Fruit

TUESDAY

2

- Meatballs w/Marinara & Whole Grain Mozzarella Sticks
- Steamed Broccoli
- Bush's Baked Beans
- Fresh Fruit

WEDNESDAY

3

- Chicken & Waffles
- Syrup
- Sweet Potato Fries
- Cherry Star Juice
- Fresh Fruit

THURSDAY

4

- Deli Sub
- Turkey or Ham
- Baked Lay's Potato Chips
- Crunchy Raw Veggie Cup
- Fresh Fruit

FRIDAY

5

- Mini Bagel Pizzas
- Fresh Romaine Salad
- Crunchy Baby Carrots
- Fresh Fruit

8

- Crispy Chicken Smackers
- Mac and Cheese
- Steamed Green Beans
- Crunchy Baby Carrots
- Fresh Fruit

9

- Two Soft Beef Tacos
- Bush's Baked Beans
- Steamed Sweet Corn
- Fresh Fruit

10



11

- Lasagna Roll-up
- Crunchy Baby Carrots
- Steamed Broccoli
- Fresh Fruit

12

- Homemade Pizza cheese or pepperoni
- Fresh Romaine Salad
- Crunchy Raw Veggie Cup
- Fresh Fruit

15

- Crispy Chicken Tenders
- Crispy Crinkle Cut Fries
- Steamed Green Beans
- Whole Grain Chocolate Chip Cookie
- Fresh Fruit

16

- Nacho Taco
- Steamed Broccoli
- Cowboy Salsa
- Fresh Fruit

17

- French Toast Sticks
- Turkey Sausage Patty
- Fresh Fruit
- Dragon Punch
- Crunchy Baby Carrots

18

- Hamburger on a Bun
- Beef Hot Dog on a Bun
- Bush's Baked Beans
- Cucumber and Tomato Salad
- Watermelon Slice

19

- Tony's Lunch Around Pizza
- Fresh Romaine Salad
- Fresh Fruit
- Crunchy Raw Veggie Cup

22

- Crispy Chicken Smackers
- Mac and Cheese
- Bush's Baked Beans
- Crunchy Baby Carrots
- Fresh Fruit

23

- Wild Mike's Cheese Bites
- Marinara Sauce
- Sweet Potato Fries
- Steamed Broccoli
- Fresh Fruit

24

- Cinnamon Pancakes
- Danimals Yogurt
- Hash Brown
- Cucumber Slices
- Fresh Fruit

25

- Lasagna Roll-up
- Steamed Broccoli
- Sweet Potato Fries
- Fresh Fruit

26

- Homemade Pizza Garlic or Cheese
- Fresh Romaine Salad
- Crunchy Baby Carrots
- Fresh Fruit

29



30

- Walking Taco
- Bush's Baked Beans
- Steamed Sweet Corn
- Fresh Fruit

31

- Dutch Waffle
- Syrup
- Turkey Sausage Patty
- Crunchy Baby Carrots
- Cherry Star Juice
- Fresh Fruit

Alternate Meal Choices:

- Yogurt Meal
- Turkey Sandwich
- Peanut Butter and Jelly Sandwich
- **At West Genesee Middle Only:**
- Pizza Slice
- Monday, Tuesday, Thursday
- Wednesday, Friday
- Turkey Hoagie
- Everyday
- Chicken Patty on a Bun

NOTE ABOUT ALLERGEN INFORMATION: West Genesee uses the nutrition and allergen information provided directly from the food vendor, therefore West Genesee can not guarantee the vendor labels are 100% inclusive or all nutrition and allergen information. If you have questions regarding any menu item, you should research it thoroughly, up to and including consulting your personal physician prior to consuming. THE FOLLOWING MILK OPTIONS ARE AVAILABLE EVERYDAY WITH LUNCH: SKIM WHITE, 1% WHITE OR CHOCOLATE. The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 4/25/2023 at 7:05 am .