



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
<ul style="list-style-type: none"> • Winter Wonderland Whole Grain Chicken Nuggets • BBQ Sauce • Roasted Broccoli • Crunchy Baby Carrots • Ranch Dressing • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Chicken & Cheese Quesadilla • Salsa & Sour Cream • Cowboy Salsa • Roasted Seasoned Potatoes • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • French Toast Sticks • Syrup • Turkey Sausage Patty • Crispy Tater Tots • Cucumber Slices • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Mandarin Orange Chicken • Rice • Edamame • Steamed Broccoli • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Homemade Pizza Cheese or Pepperoni • Fresh Romaine Salad • Steamed Green Beans • Fresh Fruit • Milk Choice
13	14	15	16	17
<ul style="list-style-type: none"> • Crispy Chicken Smackers • BBQ Sauce • Spiral Fries • Crunchy Baby Carrots • Ranch Dressing • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Nacho Taco • Bush's Baked Beans • Steamed Sweet Corn • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Blueberry Pancakes • Syrup • Vanilla Yogurt • Strawberry Slices • Crispy Tater Tots • Cucumber Slices • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Meatballs w/Marinara & Whole Grain Mozzarella Sticks • Roasted Broccoli • Crunchy Raw Veggie Cup • Ranch Dressing • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Mini Bagel Pizzas • Fresh Romaine Salad • Steamed Green Beans • Fresh Fruit • Milk Choice
20	21	22	23	24
	<ul style="list-style-type: none"> • Chicken Soft Tacos • Steamed Sweet Corn • Crunchy Baby Carrots • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Dutch Waffle • Warm Cinnamon Apples • Danimals Yogurt • Sweet Potato Fries • Cucumber Slices • Ranch Dressing • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Beef Hot Dog on a Bun • Smiley Potatoes • Bush's Baked Beans • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Homemade Pizza Cheese or Garlic • Fresh Romaine Salad • Steamed Green Beans • Fresh Fruit • Milk Choice
27	28	29	30	31
<ul style="list-style-type: none"> • Whole Grain Star Shaped Chicken Nuggets • BBQ Sauce • Crispy Crinkle Cut Fries • Crunchy Baby Carrots • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Walking Taco • Cheese Sauce, Shredded Lettuce, Salsa & Sour Cream • Cheesy Bean Dip • Steamed Carrot Coins • Fresh Fruit • Milk Choice 		<ul style="list-style-type: none"> • Meatballs w/ Marinara • Pasta • Steamed Broccoli • Crunchy Raw Veggie Cup • Ranch Dressing • Fresh Fruit • Milk Choice 	<ul style="list-style-type: none"> • Homemade Pizza Cheese or Buffalo chicken • Fresh Romaine Salad • Steamed Green Beans • Fresh Fruit • Milk Choice

Alternate Meal Choices: Peanut Butter and Jelly Sandwich Grades K-4 ONLY , Yogurt Meal Grades K-4 ONLY , Turkey Hoagie K-6 , **At West Genesee Intermediate Only:** , Daily: Turkey Sandwich Tues: Mozzarella Sticks w/ Marinara M,Th: Pizza W,F: Burger , At CMS Only: Subs (Daily), Pizza M,W and Burger T,Th

NOTE ABOUT ALLERGEN INFORMATION: West Genesee uses the nutrition and allergen information provided directly from the food vendor, therefore West Genesee can not guarantee the vendor labels are 100% inclusive or all nutrition and allergen information. If you have questions regarding any menu item, you should research it thoroughly, up to and including consulting your personal physician prior to consuming. THE FOLLOWING MILK OPTIONS ARE AVAILABLE EVERYDAY WITH LUNCH: SKIM WHITE, 1% WHITE OR CHOCOLATE. The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk

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