

# JANUARY 2021

HOLY FAMILY  
LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH

(ONE MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT CHOICES ARE AVAILABLE AS WELL AS THE FOLLOWING MILK OPTIONS:

**WHITE, 1% WHITE OR FAT FREE CHOCOLATE.**

**Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DAILY ALTERNATE CHOICE:</b> <b>Cheese, Turkey, Tuna</b> <b>OR</b> <b>Yogurt Meal</b> <small>(yogurt, cheese stix, animal crackers, fruit &amp; milk)</small> <b>Deli Lunchables</b>				1  HAPPY NEW YEAR
4 <b>Bacon Burger on a Bun</b> Crinkle Cut Fries Baked Beans Fresh Apple	5 <b>Soft Chicken Taco</b> w/cheese, lettuce & salsa Mexicali Rice Sweet Corn Mandarin Oranges	6 <b>French Toast Sticks</b> Turkey Sausage Hash Brown Potato Applesauce Cup	7 <b>Philly Cheesesteak Sandwich</b> Sweet Potato Fries Green Beans Apple Slices	8 <b>Pizza Slice</b> Cheese OR Pepperoni Broccoli w/Dip Strawberries & Bananas
11 <b>Chicken Drumsticks</b> Mashed Potatoes & Gravy Sweet Corn Apple Slices	12 <b>Cheeseburger Meatloaf</b> Sweet Potato Fries Fresh Carrots w/Dip Peaches	13 <b>Mini Pancakes w/syrup</b> 5 Chicken Sausage Bites Tator Tots Applesauce Cup	14 <b>Pulled Pork Sandwich</b> Crinkle Cut Fries Coleslaw Fresh Orange Slices	15 <b>Homemade Pizza</b> Cheese OR Garlic Romaine Salad Peaches
18 <b>MARTIN LUTHER KING, JR. DAY</b> <b>NO SCHOOL</b>	19 <b>Chicken Tenders</b> Mac & Cheese Carrot Coins Apple Slices	20 <b>Mini Pancakes w/syrup</b> 5 Chicken Sausage Bites Tator Tots Applesauce Cup	21 <b>Meatballs w/Pasta</b> Texas Toast Sweet Corn Fresh Banana	22 <b>Personal Pizza</b> Cheese OR Pepperoni Romaine Salad Peaches
25 <b>Chicken Smackers</b> Crinkle Cut Fries Green Beans Apple Slices	26 <b>Soft Beef Taco</b> w/cheese, lettuce & salsa Mexicali Rice Sweet Corn Mandarin Oranges	27 <b>Chicken &amp; Waffles</b> Tator Tots Applesauce Cup	28 <b>Chicken w/Gravy</b> Mashed Potatoes & Gravy Sweet Peas Dinner Roll Fresh Banana	29 <b>Homemade Pizza</b> Cheese OR Garlic Romaine Salad Peaches

WE USE AS MUCH

LOCAL FRUITS & VEGETABLES

AS POSSIBLE!



ALL MENUED SALADS ARE SERVED WITH ITALIAN DRESSING.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.

WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PRODUCTS!

Additional facts are now available on the website using the "NEW" Nutrislice link.