

March 2023

Alternate Meal Choices:

- Yogurt Meal
- Turkey Sandwich
Peanut Butter and Jelly Sandwich

Holy Family Primary Lunch Gr K-6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	1	2	3
<ul style="list-style-type: none"> • Crispy Chicken Smackers • Steamed Green Beans • Crunchy Baby Carrots • Chilled Applesauce Cup 	<ul style="list-style-type: none"> • Beef Hot Dog on a Bun • Crispy Crinkle Cut Fries • Bush's Baked Beans • Fresh Fruit 	<ul style="list-style-type: none"> • Mini Pancakes • Turkey Sausage Patties • Crispy Tater Tots • Cherry Star Juice • Fresh Fruit 	<ul style="list-style-type: none"> • Toasted Cheese Sandwich • Campbell's Chicken Noodle Soup • Sweet Potato Fries • Steamed Broccoli • Fresh Fruit 	<ul style="list-style-type: none"> • Homemade Pizza Cheese or Pepperoni • Fresh Romaine Salad • Crunchy Raw Veggie Cup • Fresh Fruit
6	7	8	9	10
<ul style="list-style-type: none"> • Crispy Chicken Nuggets • BBQ Sauce • Bush's Baked Beans • Steamed Sweet Corn • Fresh Fruit 	<ul style="list-style-type: none"> • Cheesy Pasta Roll-up • Steamed Broccoli • Crunchy Baby Carrots • Ranch Dressing • Fresh Fruit 	<ul style="list-style-type: none"> • French Toast Sticks • Syrup • Turkey Sausage Patties • Crispy Tater Tots • Cucumber Slices • Ranch Dressing • Fresh Fruit 	<ul style="list-style-type: none"> • Pizza Pretzelwich Cheese or Pepperoni • Sweet Potato Fries • Crunchy Raw Veggie Cup • Ranch Dressing • Fresh Fruit 	<ul style="list-style-type: none"> • Wild Mike's Cheese Bites • Marinara Sauce • Fish Sticks • Fresh Romaine Salad • Crunchy Baby Carrots • Ranch Dressing • Fresh Fruit
13	14	15	16	17
	<ul style="list-style-type: none"> • Crispy Chicken Nuggets • BBQ Sauce • Mashed Potatoes • Steamed Green Beans • Fresh Fruit 	<ul style="list-style-type: none"> • Cinnamon Pancakes • Syrup • Danimals Yogurt • Crispy Tater Tots • Crunchy Baby Carrots • Ranch Dressing • Fresh Fruit 	<ul style="list-style-type: none"> • Beef Hot Dog on a Bun • Sweet Potato Fries • Cucumber Slices • Ranch Dressing • Fresh Fruit 	<ul style="list-style-type: none"> • Homemade Pizza Cheese or Garlic • Fish Sticks • Fresh Romaine Salad • Crunchy Baby Carrots • Ranch Dressing • Fresh Fruit
20	21	22	23	24
<ul style="list-style-type: none"> • Crispy Chicken Smackers • BBQ Sauce • Smiley Potatoes • Steamed Green Beans • Fresh Fruit 	<ul style="list-style-type: none"> • Two Soft Beef Tacos • Bush's Baked Beans • Steamed Sweet Corn • Fresh Fruit 	<ul style="list-style-type: none"> • Chicken & Waffles • Syrup • Crispy Tater Tots • Cucumber Slices • Fresh Fruit 	<ul style="list-style-type: none"> • Toasted Cheese Sandwich • Campbell's Chicken Noodle Soup • Steamed Green Beans • Crunchy Baby Carrots • Fresh Fruit 	<ul style="list-style-type: none"> • Homemade Pizza Pepperoni or Cheese • Fish Sticks • Sweet Potato Fries • Fresh Romaine Salad • Fresh Fruit
27	28	29	30	31
<ul style="list-style-type: none"> • Crispy Chicken Nuggets • BBQ Sauce • Mashed Potatoes • Steamed Broccoli • Fresh Fruit 	<ul style="list-style-type: none"> • Nacho Taco • Steamed Sweet Corn • Crunchy Baby Carrots • Fresh Fruit 	<ul style="list-style-type: none"> • Blueberry Pancakes • Syrup • Turkey Sausage Patties • Crispy Tater Tots • Cucumber Slices • Fresh Fruit 	<ul style="list-style-type: none"> • Hamburger on a Bun • Bush's Baked Beans • Smiley Potatoes • Fresh Fruit 	<ul style="list-style-type: none"> • Homemade Pizza Cheese or Garlic • Fish Sticks • Fresh Romaine Salad • Crunchy Baby Carrots • Fresh Fruit

NOTE ABOUT ALLERGEN INFORMATION: West Genesee uses the nutrition and allergen information provided directly from the food vendor, therefore West Genesee can not guarantee the vendor labels are 100% inclusive or all nutrition and allergen information. If you have questions regarding any menu item, you should research it thoroughly, up to and including consulting your personal physician prior to consuming. THE FOLLOWING MILK OPTIONS ARE AVAILABLE EVERYDAY WITH LUNCH: SKIM WHITE, 1% WHITE OR CHOCOLATE. The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 2/22/2023 at 8:21 am .