

# DECEMBER 2019

## HOLY FAMILY LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT CHOICES ARE AVAILABLE EVERYDAY, AS WELL AS THE FOLLOWING MILK OPTIONS:

**SKIM WHITE, 1% WHITE OR FAT FREE CHOCOLATE.**

**The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Crispy Chicken Smackers</b> Smashed Potatoes <i>w/Gravy</i> Steamed Carrot Coins Chilled Strawberry Cup	<b>"Taco Tuesday"</b> <b>Seasoned Taco w/Chips &amp; Cheese</b> Steamed Sweet Corn Zesty Mexican Salsa "Bush's" Baked Beans Chilled Pineapple Tidbits	<b>French Toast Sticks</b> Chicken Sausage Patty Hash Brown Potatoes Chilled Applesauce Cup	<b>Mozzarella Sticks &amp; Italian Meatballs</b> <i>w/marinara sauce</i> Garlic Texas Toast Steamed Broccoli Fresh Orange	<b>"Homemade" Pizza</b> <i>Cheese OR Garlic</i> Fresh Romaine Salad <i>w/tomatoes</i> Chilled Peach Cup
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>Crispy Chicken Tenders</b> Smiley Fries "Bush's" Baked Beans Chilled Mandarin Oranges	<b>Burger on a bun</b> <i>with OR without CHEESE</i> Crinkle Cut Fries Fresh Carrots <i>w/dip</i> Fresh Banana	<b>Mini Pancakes w/syrup</b> <i>"Trix" Yogurt</i> Crispy Tater Tots Warm Cinnamon Applesauce	<b>Cheesy Pretzel Sandwich</b> <i>with or without Bacon</i> Campbell's Chicken Noodle Soup Diced Pears Steamed Green Beans Pepperidge Farm Goldfish Crackers	<b>"Tony's" Lunch Around Pizza</b> <i>w/cheese OR pepperoni</i> Cheesy Broccoli <i>"Welch's" Grape Slushies</i>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>Mozzarella Sticks</b> <i>w/marinara sauce</i> Garlic Texas Toast Steamed Broccoli Chilled Strawberry Cup	<b>"Taco Tuesday"</b> <b>Seasoned Taco w/Chips &amp; Cheese</b> Steamed Sweet Corn Zesty Mexican Salsa "Bush's" Baked Beans Chilled Diced Pears	<b>Crispy Chicken Nuggets</b> <i>"Stouffer's" Mac &amp; Cheese</i> Steamed Carrot Coins Warm Cinnamon Applesauce	<b>Meatball Sub Sandwich</b> Fresh Romaine Salad Jello Peach Cup <i>w/whipped topping</i>	<b>Mikes Cheese Bites</b> <b>Crispy Chicken Tenders</b> Steamed Green Beans Fruit Choice
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
CHRISTMAS RECESS	CHRISTMAS RECESS		CHRISTMAS RECESS	CHRISTMAS RECESS
<b>30</b>	<b>31</b>	<b><u>DAILY SANDWICH CHOICE:</u></b> <b>*PEANUT BUTTER &amp; JELLY</b> <b>Ham, Turkey OR Cheese</b> <b>OR</b> <b>Yogurt Meal</b> <small>(yogurt, cheese stix, animal crackers, fruit &amp; milk)</small>		<b>Milk \$.75</b> 
CHRISTMAS RECESS	CHRISTMAS RECESS			

**WE USE AS MUCH  
LOCAL FRUITS & VEGETABLES  
AS POSSIBLE!**



**PRICE OF DAILY LUNCH IS \$2.70, MONTHLY PRICE IS \$40.50.**

MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE.

*\*Nutritional Facts are now available on the website using the "NEW" NUTRISLICE link.*

**\*\* MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**\*\*ALL MENUED SALADS ARE SERVED WITH ITALIAN DRESSING.**



We now serve "whole grain white" bread products!