

HOLY FAMILY SCHOOL
LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1 % WHITE OR OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SANDWICH CHOICE: *PEANUT BUTTER & JELLY Ham, Turkey OR Cheese OR Yogurt Meal <small>(yogurt, cheese stix, pretzel, fruit & milk)</small>	 National "Manners" Month	Milk \$.65 Ice Cream \$.75 Specialty Ice Cream \$1.25		1 NO SCHOOL
Happy Labor Day 4	5 NO SCHOOL	 "Max" Cheese Pizza Fresh Carrots w/ Ranch Dip Chilled Peach Cup	7 All Beef Hot Dog Crinkle Cut Fries "Bush's" Baked Beans Chilled Mixed Fruit	8 Crispy Chicken Nuggets Crispy Tator Tots Steamed Fresh Broccoli Chilled Diced Pears
11 French Toast Sticks Turkey Sausage Patty Hash Brown Potato Chilled Applesauce	12 "Taco Tuesday" Seasoned Taco w/Chips & Cheese Sauce Steamed Sweet Corn Zesty Mexican Salsa Chilled Mandarin Oranges	13 Crispy Chicken Smackers Smashed Potatoes w/gravy Steamed Carrot Coins Chilled Mixed Fruit	14 Bacon Burger on a Bun <i>with OR without cheese</i> "Bush's" Baked Beans Diced Chilled Pears BBQ Baked Lays Potato Chips	15 Lunch Around Pizza Fresh Romaine Salad w/cukes Chilled Peach Cup
18 "Pillsbury" Pancakes "Trix" Yogurt Crispy Tater Tots Chilled Applesauce	19 Mozzarella Cheese Sticks & Meatballs <i>w/marinara sauce</i> Galicky Breadstick Steamed Green Beans Chilled Diced Peaches	20 "MAX" Chicken Pizza "Bush's" Baked Beans Chilled Mixed Fruit "Luigi's" Sherbet Cup	21 Crispy Chicken Tenders Crinkle Cut Fries Steamed Carrot Coins Fresh Banana	22 "Sampler Platter" "Maxstix" Pizza Sticks <i>w/marinara sauce</i> Crispy Chicken Nuggets Steamed Fresh Broccoli Chilled Diced Pears
25 Toasted Cheese Pretzelwich Fresh Carrots w/ranch dip Chilled Applesauce Fresh Baked Chocolate Chip Cookie	26 Crispy Chicken Tenders Smashed Potatoes w/gravy "Bush's" Baked Beans Chilled Mixed Fruit	27 "Waffle Wednesday" Waffle Sticks w/ syrup Bacon Slices Smiley Potato Fries Chilled Strawberry Cup	28 Chicken Patty Filet on a Bun Steamed Fresh Broccoli <i>w/cheese sauce</i> Chilled Diced Peaches	29 "Max" Cheese Pizza Fresh Romaine Salad w/cukes Chilled Peach Cup

WE USE AS MUCH LOCAL FRUITS & VEGETABLES AS POSSIBLE!

PRICE OF DAILY LUNCH IS \$2.60 MONTHLY PRICE IS \$46.80

MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE.



WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PRODUCTS!



****MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**Nutritional facts are available upon request through the Food Service Office OR your child's school nurse.