



# MARCH 2018

## HOLY FAMILY SCHOOL LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1 % WHITE OR OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DAILY SANDWICH CHOICE:</b> <b>*PEANUT BUTTER &amp; JELLY</b> <b>Ham, Turkey OR Cheese</b> <b>OR</b> <b>Yogurt Meal</b> <small>(yogurt, cheese stbx, pretzel, fruit &amp; milk)</small>	<b>Milk \$.65</b> <b>Ice Cream \$.75</b> <b>Specialty Ice Cream \$1.25</b>	<b>"National Nutrition Month"</b> 	<b>1</b> <b>Pretzel Sandwich w/Cheesy Cheese</b> <b>"Campbell's" Chicken Noodle Soup</b> <b>Fresh Carrots w/dip</b> <b>Pepperidge Farm Goldfish Crackers</b> <b>Diced Chilled Pears</b>	<div style="background-color: blue; color: white; text-align: center; padding: 20px;"><b>SNOW DAY</b></div>
<b>5</b> <b>Chicken Nuggets</b> <b>"Stouffer's" Mac &amp; Cheese</b> <b>Steamed Fresh Broccoli</b> <b>Chilled Diced Peaches</b>	<b>6</b> <b>French Toast Sticks</b> <b>Turkey Sausage Patty</b> <b>Hash Brown Potato</b> <b>Warm Cinnamon Applesauce</b>	<b>7</b> <b>Cheese Ravioli w/Marinara</b> <b>Italian Meatballs w/marinara</b> <b>Garlic Breadstick</b> <b>Steamed Carrot Coins</b> <b>Chilled Pineapple Tidbits</b>	<b>8</b> <b>Crispy Chicken Smackers</b> <b>Mashed Potatoes w/gravy</b> <b>Steamed Sweet Corn</b> <b>Strawberry Cup</b>	
<b>12</b> <b>"Pillsbury" Pancakes</b> <b>"Trix" Yogurt</b> <b>Crispy Tator Tots</b> <b>Warm Cinnamon Applesauce</b>	<b>"Taco Tuesday" 13</b> <b>Seasoned Taco w/Chips &amp; Cheese Sauce</b> <b>Mexican Baked Beans</b> <b>Zesty Tomato Salsa</b> <b>Chilled Mandarin Oranges</b>	<b>14</b> <b>STAFF DEVELOPMENT</b> <b>HALF DAY</b>	<b>15</b> <b>Crispy Chicken Nuggets</b> <b>Mashed Potatoes w/gravy</b> <b>Steamed Fresh Broccoli</b> <b>Diced Chilled Pears</b>	<b>16</b>  <b>Lunch Around Pizza</b> <b>Cheese OR Pepperoni</b> <b>Steamed Carrot Coins</b> <b>Chilled Diced Peaches</b> <b>**Fish Nuggets Available</b>
<b>19</b> <b>Crispy Chicken Tenders</b> <b>Crinkle Cut Fries</b> <b>Steamed Sweet Corn</b> <b>Warm Cinnamon Applesauce</b>	<b>20</b> <b>Bacon Burger on a Bun</b> <small>with OR without cheese</small> <b>"Bush's" Baked Beans</b> <b>Fresh NYS Apple</b> <b>Baked Lays Potato Chips</b>	<b>"Waffle Wednesday" 21</b> <b>Waffle Squares w/ syrup</b> <b>Bacon Slices</b> <b>Smiley Potato Fries</b> <b>Fresh Oranges Slices</b>	<b>22</b> <b>Pretzel Sandwich w/Cheesy Cheese</b> <b>Steamed Carrot Coins</b> <b>Diced Chilled Pears</b> <b>Pepperidge Farm Goldfish Crackers</b>	<b>23</b> <b>"New" Cheesy Garlic Parm Flatbread</b> <b>Fresh Romaine Tossed Salad</b> <b>Chilled Peach Jell-o Cup</b> <b>**Fish Nuggets Available</b>
<b>26</b> <b>French Toast Sticks</b> <b>Turkey Sausage Patty</b> <b>Hash Brown Potato</b> <b>Warm Cinnamon Applesauce</b>	<b>27</b> <b>Crispy Chicken Rings</b> <b>Crinkle Cut Fries</b> <b>Steamed Carrot Coins</b> <b>Strawberry Cup</b>	<b>28</b> <b>Cheese Ravioli w/marinara</b> <b>Italian Meatballs w/marinara</b> <b>Italian Bread</b> <b>Romaine Salad w/shredded carrots</b> <b>Diced Chilled Pears</b>	<b>29</b> <b>HOLY THURSDAY</b> <b>NO SCHOOL</b>	<b>30</b> <b>GOOD FRIDAY</b> <b>NO SCHOOL</b>

**WE USE AS MUCH LOCAL FRUITS & VEGETABLES AS POSSIBLE!**

**PRICE OF DAILY LUNCH IS \$2.60 MONTHLY PRICE IS \$49.40**

**MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE.**



**WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PRODUCTS!**



**\*\*MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**\*\*Nutritional facts are available upon request through the Food Service Office OR your child's school nurse.**